

**California Alliance of Retired Americans presents
FABULOUS FRIDAY FORUMS at NOON!**

Santa Rosa Democratic Club is a member of CARA, and as such, SRDC members are part of CARA. You may join these forums as a CARA member.

February 5th ▪ February 19th ▪ March 5th

CARA is planning a series of FORUMS on Fridays, beginning on Feb. 5th at NOON PST to engage our members and friends on the key issues we will be working on over the next year. These forums will be held at NOON PST via ZOOM and Teleconference. You must register in advance for these events. You can register for one, two, or all of them. You will be sent a link for the Forum upon registration. We are proud to announce the first 3 Fabulous Forums. Register for any and all forums below:

FRIDAY, FEBRUARY 5TH at 12 NOON PST

SENIORS AND THE FIGHT FOR IMPROVED MEDICARE FOR ALL

Please note, there may be a pause when you click on the links before the registration page opens. Be patient.

[Register here](#)

Learn how California is uniquely positioned to move Improved Medicare for All forward in California—and how seniors and people with disabilities will greatly benefit. Speakers include, Michael Lighty of NUHW, Dr. Paul Song of PNHP, Cokie Giles of CNA, etc.... Take action together to urge the Governor to take the next steps to make Medicare for All a reality in California.

FRIDAY, FEBRUARY 19TH at 12 NOON PST

SENIORS AND THE FIGHT FOR CLIMATE JUSTICE

[Register here](#)

Older adults and people with disabilities are greatly impacted by climate change and global warming. California is at the epicenter of the climate crisis—with wildfires, bad air, high heat incidences, fracking, power outages, sea-level rise, and more. It is time that the senior and disability movement join the climate justice movement to learn how we can take action at the local, state and national levels. Speakers include:

Christina Mills of CA Foundation of Independent Living Centers, Marty Lynch of Lifelong Medical, Assemblymember Rob Bonta, etc....

FRIDAY, MARCH 5TH at 12 NOON PST

JOSH KORNBLUTH'S PERFORMANCE OF "CITIZEN BRAIN"

[Register here](#)

Josh Kornbluth presented at CARA's 2019 Convention in Sacramento, where he shared some of the videos that he developed while interning with the UCSF Global Brain Institute. Josh has recently completed his latest monologue, called Citizen Brain, based on his work at UCSF. He began his fellowship at the Global Brain Institute just as Donald Trump was being inaugurated in 2016. While there, he drew a connection between dementia and the collective breakdown in communication across the political divide. UCSF discovered a circuit in the brain, an empathy circuit. You can learn about this circuit through a funny, smart performance of Citizen Brain by Josh Kornbluth. For more information about Josh and his show go to:

<https://www.citizenbrain.org>